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CHAIRMAN'S WELCOME

Welcome to the first edition of our new style Club Newsletter!

We hope this is a regular publication to help you keep up to date with Club news. The season kicked off with great weather in September and October but seems to have come to halt in the November rainy season!

However there have already been some great performances from many of our teams in cup and league. Off the pitch there has been plenty happening too. In what must be a fairly unique venture, Mike O'Neill has taken on the College's commercial coaching for 5 to 12 year olds with his new Total Soccer School.

The Club fully support Mike. We need players to support the coaching to keep it viable, attendance of a minimum 80% is expected.

We have attracted new sponsorship deals for our Under 7s and 8s and extend our thanks to the companies involved. We continue to invest in kits and equipment. Nearly all teams are now in the smart college red Nike kits.

Enjoy the rest of the newsletter and please contribute to future editions!

Richard Ellis, Chairman
Myerscough College Junior Football Development Club

REACHING FOR THE STARS!

The Club is now in the final stages of applying for Charter Standard.

The Charter Standard Scheme is the best practice guide that sets standards of coaching, administration and child protection for all clubs outside the Football League and Premier League. As a benchmark for quality, it will improve the playing experience for all.

The progress we have made on these three fronts has been tremendous.

Administratively we now have a 10 strong management committee with clear roles for each person. We have in excess of 40 volunteers helping run the teams all of whom have had to be CRB checked.

This summer we have sent six parents on the FA Level 1 coaching course with a further two booked to take the course shortly.

We also have six referees booked on a referees course in January including some of teenage players from the Club.



The benefits of achieving FA charter standard include:

- £100-£200 UMBRO Kit/Equipment Vouchers
- FA Plaque & Certificate
- Use of FA Crest/Logo
- Access to Kit and Equipment Grants
- Clubs Newsletter
- Administration Support Sessions
- Subsidised FA courses
- Presentation of Award at a professional game (where applicable).

Hidden Benefits include:

- Attracting sponsors
- Football Foundation applications.
- Attracting Volunteers
- Gaining members and players.

Already just by being in the process of a charter application we have helped Bilsborrow Parish Council secure Football Foundation funding for new high fencing on the side of the railway.

We hope future that funding can be obtained to help with building new changing rooms and 7a-side pitch at Bilsborrow too.

Richard Ellis
Chairman

A SHORT NOTE FROM THE EDITOR

Just to say hello, my name is Jackie Marley. I have volunteered as Communications Officer. My aim is to produce a quarterly newsletter and work on the website as well as co-ordinate publicity for the Club.

I hope to make the newsletter full of information useful to parents, coaches, and kids (who get the back page!), as well as giving recognition to our much valued kit sponsors.

It is your newsletter so please send your pictures and infor-

mation to mjfdcnews@yahoo.com I endeavour to include as much as I can in each issue as well as on the website.

Jackie Marley



NEWS IN BRIEF!

Please remember to take your litter with you from each game.

Ensure to park safely and legally at games

Have you taken the Soccer Parent course yet?

Go to the link on our website

MCJFDC 100 CLUB

YOU HAVE TO BE IN IT TO WIN IT!

- First Prize Draw was at the end of November 2009
Final Draw September 2010
- Each month 2* members will win £15.00*
- Winners will be listed on the club website

We have seen significant increases in our costs this season so we are re-launching the 100 Club.

For some of us attendance at meetings or helping at events is not possible. The 100 Club is a supplementary method of raising funds in addition to other methods being used. The

100 Club provides a significant source of continual support for the purchase of equipment and activities of the Club.

The rules are simple: for £10.00 per season, your name will go a monthly draw and two members could win a cash prize of £15.00* each month. The more members we have, the more can be won.

*Additional prize draws through the season may be added dependant on numbers (approximately 2/3rd of subscriptions will be devoted to support the Club and 1/3rd

will be allocated for prize-draw purposes).

If you feel you want to support the 100 Club, go to the website and open the form in the documents section, fill it in and return it with £10 to your manager, team rep or Neil Holden.



WELCOME UNDER 7'S

OUR LATEST STARS TO JOIN THE CLUB

The Club would like to extend our welcome to the boys and girls that have joined the club this year, and are currently playing friendlies against other U7's teams in the area.

Once again we are pleased that several enthusiastic and keen parents have volunteered to take on board managing the team and helping the children develop their footballing skills and learn the game and overall to enjoy being part of a team and making new friends.

The U7's are sponsored by MJ Upholstery & Leather Service who will be featured our next issue.



MEET THE MCJFDC COMMITTEE

Behind the scenes at the Myerscough College JFDC are a committee of people who are willing to give up some (a lot!) of their spare time to help with running of the club.

The committee are volunteers, (and not necessarily experts!), but just keen to lend a hand!

Please support our committee members:

Vice Chairman

Neil Holden supports Richard over-seeing all matters concerning the Club. He also leads the fundraising for the Club.

Club secretary

Michael Ball manages team and player registrations; attends league meetings; deals with League and Lancs FA and disciplinaries; deals with complaints and appeals and player transfers.

Treasurer

Babs Skudder has the important job of managing the Club's finances.

Fixture Secretary

Andrew Russell has the role of arranging the fixtures for the 15 teams this season on a weekly basis, with the various leagues we operate in, including pitch allocations, fixture amendments and advising the teams etc.

Basically Andrew makes sure we turn up at the right place at the right time!

Coach Development

Mike O'Neill, a qualified FA coach, takes the training and helps to develop the childrens' football skills.

Club Welfare

Helen Holden ensures the Club adheres to Child Protection poli-

cies, committee members and managers are CRB checked and is the first port of call regarding any issues about the welfare of the children in the club.

Kit officer

Christine Hands organises kids with shirts, socks and shorts, as well as providing training gear for managers. Christine also organises trophies for presentation day.

Communications

Jackie Marley produces this newsletter, updates the website and promotes the club.

Girls Football

Kate Sutton manages the girls' football teams at Myerscough College JFDC.

All committee members are CRB checked. Their contact details can be found on the website.

ALL KITTED OUT!

A HUGE THANK YOU TO OUR WONDERFUL SPONSORS

We are grateful to our sponsors for their support. Sponsorship helps to finance football kits for the kids and equipment

If you can support our sponsors please do. Recent sponsors include:

Homeserve

Sponsors of the U14's training sweatshirts.

Approved plumbers, electricians, heating, appliance engineers & more offering one off repairs and home emergency protection.

www.homeserve.com

Apple Web Offset

Sponsors of the Under 12's training sweatshirts.

Apple Web are high quality printers based in Warrington able to produce high volume magazines, retail and newspaper supplements, council, community and utility newsletters.

www.tradermediaprintgroup.co.uk

BAM Nuttall

Sponsors of the Under 8's 2009 team kit.

In the UK, BAM Nuttall have been involved in a large number of major Civil Engineering projects including the Channel Tunnel, the enabling works for the 2012 Olympics. The main focus is Civil Engineering but BAM are also involved in Highways Maintenance, Rail, Energy and Water works. Overseas they have been involved in constructing stadiums for the 2010 World Cup in South Africa.

The GSMR-FTN project is sponsoring Myerscough U8's. It is part of BAM Nuttall Rail North Division and the Client is Network Rail. The contract is worth around £60 million and is due to be completed by 2012.

www.bamnuttall.co.uk



HomeServe



Apple

W E B O F F S E T



LOOK AFTER YOUR KIT

Myerscough has invested a lot of money in football kits, and we appreciate the support of our sponsors.

Please remember that your kit belongs to the Club and is provided to you for wearing to matches only.

Please do not wear it to training or any other fixtures that are not for the Myerscough Club.

Take good care of your kit and ensure to return it complete at the end of the season, or in the unlikely event that you may choose to



DATES FOR YOUR DIARY

Friday 11th & Sat 12th December 2009

Training at Myerscough finishes for the Christmas break

Friday 8th & Sat 9th January 2010

Training starts again for 2010

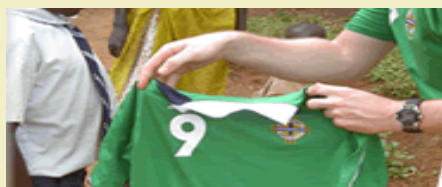
12th February 2010

X Factor evening at Preston Grasshoppers.

A great night's entertainment, we are looking for at least one act from each team, the players, or mums and dads, come on — show us your talent!

Further details will be posted to the website in the new year.

Have you got the X Factor? Then get practicing for the Myerscough X Factor in February 2010



TAKE YOUR KIT OFF FOR SHIRT AMNESTY!!!

Bring old or unwanted football kits to Myerscough 16 - 17 Jan.

Myerscough College JFDC are organising a shirt amnesty week, to send old football kits to Africa for children to wear, who would otherwise never enjoy playing football in a real football kit.

Be it PNE, Man U, Liverpool, or England, or any of your other favourite teams, if your old shirts shorts and socks are getting too small, or are unwanted please bring them (clean and bagged) with you to your training sessions at Myerscough College on 16th and 17th January 2010.

Please also attach to the bag £1 coin donation which will go towards postage and packaging.

We hope becomes an annual event so please show you support. More details can be seen on: www.football4africa.org.



Focus on a Footballer . . .

Name: David M

Nickname? Davo

Team: U8's

Favourite Position:
Attacking mid.

Season's Highlight:
Scoring a hat trick
for my birthday.

Toughest opposition:
Red Rose

Support: Liverpool

Favourite player:
Gerrard

Ultimate Hero: Dad!

Fave food: Pasta

Favourite drink: Coke

Favourite game: Mario
Kart on DS

Favourite TV show:
Harry Hills TV Burps

Fave singer(s):
Cheryl!!! / Robbie w

Favourite song:
Bodies






**What do you want to
be when you grow up?**
(famous) Chef!

Want to be the next Focus on a Footballer?

Yeah OK, so this issue it's the editor's son, but if you want to be the next "Focus on a Footballer," go to the Myerscough College JFDC website, click on the Players Page and complete the questions and send by email (attaching a photo) to Jackie Marley. A player will be selected at random for each edition. If we get LOADS of entries, we'll publish them on the website too!

Mike's training tips for winter

Hey kids, the season is getting well underway, and as the days are getting colder, remember to follow these 5 important training tips before and during your game:

-  In terms of a warm up, make sure that your body feels warm before you begin the game. Lots of running and dynamic movements will help improve your performance from the start and help prevent injury.
-  FEED THE FERRARI! Your need to put the best fuel possible in your body to get the best results. Never skip breakfast the day of a game as this will give you the energy required to perform to your best!
-  Wrap up warm! Under armour, leggings and gloves will help you brave the British winter and keep your body heat in. Remember, if you get too hot you can always take them off, but better to have them than not!
-  Drink the right fluids. Water, sports drinks etc are great for giving your body fuel and repairing your muscles after the game. Avoid fizzy fun drinks as these will simply not help you perform and in most cases work against you.
-  Play every game as if it's your last! Well, with the weather in a British winter being how it is, it could be your last game for sometime so put everything into it and enjoy working hard! Remember "the harder you work the luckier you will get."

And don't forget . . . Have Fun!

Christmas Fun Football Training at Corpus Christi High School

Total Soccer Centre will be running 2 holiday sessions which will be open to all age groups on the 29th and 30th of December at Corpus Christi.

Total Soccer Centre is operated by Mike O'Neill an FA qualified coach. Mike's coaching experience includes: Liverpool Pre-Academy, Kendal Town, UCLan Women's 1st Team, Preston City School Boys and Corpus Christi Sports College.

Mike has been involved in coaching and running teams for Myerscough JFDC for 9 years.

For further information regarding training sessions and Holiday training, please contact Mike O'Neill on 07753336339 or email totalsoccercentre@live.co.uk. All coaches are CRB cleared and FA qualified.

Looking to play Premier football?

We need players for the Under 13's

Myerscough U13s Central Lancs Premier League team are looking for additional players for their squad for the rest of the season.

Myerscough U13s play in the Central Lancashire Premier League and are interested in recruiting a couple of additional players for the remainder of this season. If you believe you are capable of playing at this level and would like to be considered, please contact Lee Mortimer at lee@lam12.demon.co.uk.

Any interested players will be invited to attend training with the team to be assessed.

MYERSCOUGH COLLEGE JUNIOR FOOTBALL DEVELOPMENT CLUB
Myerscough College, St Michaels Road, Bilsborrow PR3 0AY
Tel: (Switch) 01995 642200 Email: mjfdcnews@yahoo.com